Addiction Medicine Consults

Learning Objectives:

- Diagnose opioid use disorder (OUD), alcohol use disorder (AUD), stimulant use disorder (SUD) using the DSM V criteria
- Initiate and titrate medication for opioid use disorder (MOUD) and medication for alcohol use disorder (MAUD)
- Link patients to the outpatient setting across the continuum of care
- Manage complex addiction-medicine related inpatient issues as they arise (for example: inpatient pain management in patients with opioid use disorder, in hospital substance use)
- Learn the principles of harm reduction

Team Structure and Responsibilities: Brief description of roles and responsibilities of who rounds with the team or other important individuals who assist in care coordination.

- 1 attending: Supervises team
- 2-3 APRNs: Manage some patients including patient plans, notes, etc
- 1-3 residents/medical students: Assist w/ new consults and follow-up on established patients. There are no weekend duties and work hours are typically Mon-Fri 8:30-5 on the inpatient team (ACES) but may be earlier or later if you are at New Vista or the First Bridge Clinic
- 1 social worker and 1 nurse navigator: Assist with linkage to outpatient care
- 1 peer support specialist: Links patients to resources and provides support

Workflow:

- You will receive a personalized schedule that shows you which days you work on the inpatient service versus New Vista methadone clinic versus First Bridge Clinic
- The ACES conference room is H802 (old hospital, right off the main elevator) and the door code is 13579#. Arrive around 8:45am for morning sessions, or 1:00pm for afternoon sessions.
- We always run the list at 9 am to discuss which patients while be seen by whom. Be prepared to talk about your patients including proposed discharge timeline or any medical changes that happened over night.
- First Bridge Clinic (FBC): 845 Angliana Ave, Lexington, KY. For the First Bridge Clinic, you will receive a calendar invites with times on when to report closer to your rotation.
- New Vista: 201 Mechanic Street, Lexington, KY 40507. First patient at 6:30 am. Staff parking across from St. Paul AME church
- **If one of the experiences does not take place (for example: preceptor not in clinic), the expectation is that you will contact the ACES attending so you can determine when to report in the ACES room**

- Rounding structure: Rounding varies depending on the attending and consult volume. Not all patients need to be seen every day. Most likely, the attending will see individual patients with you on a rolling basis.
- If you are assigned additional reading days outside your program's vacation/reading days, please use those days to complete the PCSS 101 curriculum (see recommended educational resources).

Recommended Educational Resources:

- TIP 63 (https://library.samhsa.gov/sites/default/files/pep21-02-01-002.pdf) is a good refresher on MOUD
- The PCSS SUD 101 curriculum (https://pcssnow.org/education-training/sud-core-curriculum/) provides an overview of evidence-based practices in the prevention, identification, and treatment of substance use disorders and co-occurring medical and psychiatric conditions for a variety of populations . The modules are free, you just have to create an account.
- Getting off Right (https://harmreduction.org/wp-content/uploads/2020/08/Resource-SaferDruguse-GettingOffRightASafetyManualforInjectionDrugUsers.pdf) provides an overview of useful harm reduction approaches

Useful Tips or Unique Aspects of the rotation:

- Since there are a lot of social aspects that need to be consider before starting methadone (i.e. transport, insurance etc) please always ask your attending before promising a patient methadone
- Communication with our case management team is essential to ensure smooth transitions of care, so epic chat them and the attending throughout the day if you find out about changes in discharge plans.
- Please bring a laptop or tablet that you can use for charting—we occasionally have an open desktop in the room, but it's no guarantee. You can also do some of your charting in other work rooms if you prefer.
- The ACES Epic Environment is LEX Beaumont Bluegrass Care Clinic (this is to make sure billing goes through the ID department). Log in with this department when you log in to Epic. Make sure all notes are changed from infectious disease to addiction medicine.
- We have a microwave, hot water heater, and fridge in the ACES team room if you need any of those.