# Morehead Hospital Medicine Rotation Primer

Welcome to UK St. Claire Healthcare - Morehead. This guide is intended to help you hit the ground running and make the most of your rotation.

## Contact Information

Sue Russell, Student Services Coordinator
Office: 606-783-6843
Cell: 606-207-4847
Email: Sue.russell@uky.edu

Rebecca H Alemu, MD
Clinical Preceptor, Hospital Medicine
Email: Rebecca.alemu@uky.edu

### Team Structure

- 1 Hospitalist Attending
- 2 UK Internal Medicine Interns
- Usually 2-3 Third-year Medical Students
- Occasionally an Acting Intern (AI)
- Interns serve as the senior learner and are expected to supervise and teach students

## Daily Schedule

- 7:00 AM - Arrive, pre-chart, and pre-round
- Review overnight events, labs, imaging, and consultant recommendations
- Prioritize sick and unstable patients first
- 8:30 AM - Rounds begin
- Goal is to finish rounds by 11:30 AM
- Zoom into IM Noon conference when possible 12:10-1:00pm

## Patient Assignments

- Interns generally carry up to 5-8 patients each.
- Students may be assigned 1-3 patients depending on comfort level and experience
- Help students develop ownership of their patients while providing supervision and teaching

## Workroom & Access Codes

- Primary workroom: 3 North Room 361
- Workroom code: 351
- Physician Lounge (2nd Floor) code: 3245
- ICU code: 2145*
- Most patients are on 3 North, though patients may also be located on the 5th floor

## Admissions & ICU Transfers

- Admissions occur throughout the day (approximately 7:00 AM - 6:30 PM)
- Workflow varies by attending preference
- You may see admissions independently or with the attending
- Students may participate in admissions
- Expect occasional transfers to and from the ICU

## Epic & Communication

- We use Epic (same EMR as Chandler)
- Utilize Secure Chat, patient lists, note templates, and handoff tools

- Communicate concerns to your attending early

## Call Responsibilities

- Long Call (7 AM - 7 PM): admissions, rapid responses, and urgent patient issues
- Short Call (7 AM - 5 PM): complete active tasks and provide thorough sign-out
- Forward or coordinate Secure Chat coverage when leaving
- Sign out pending studies, important follow-ups, and anticipated overnight issues

## Handoffs & Sign-Out

- The night team typically leaves an Epic handoff or printed sign-out
- Review handoffs every morning
- Keep handoffs updated throughout the day
- Include pending studies, contingency plans, discharge barriers, code status concerns, and anticipated overnight issues
- Ask yourself: What would the night team need to know if they have never met this patient?

## Keys to Success

- Arrive prepared
- Own your patients
- Prioritize sick patients first
- Communicate concerns early
- Maintain high-quality handoffs
- Teach often
- Support your teammates
- Ask questions and stay curious

**Unofficial Rotation Requirements:** Complete a SNF discharge, teach a chalk talk, visit Cave Run Lake, and try the Gas Station Hibachi at least once.

## Credentialing Requirements

### UK St. Claire

Learners that are assigned to a preceptor associated with UK St. Claire are to complete the UK St. Claire packet below. Required documentation to be turned in at least 2 weeks prior to rotation start date:

- Learners must submit the following:
    - A letter from the institution stating the learner is in good standing that covers the following will be provided by the program:
        - Criminal/Caregiver background check completed and does not have any past history of drug abuse, felony, etc
        - Drug screen completed and is negative
        - Immunization and health records (2 MMR's) are compliant with CDC recommendations
        - TB skin tests are compliant with CDC recommendations (1-3 weeks apart within the last year or three consecutive yearly tests or a negative Quantiferon Gold Blood test).
    - Provide copy of current vaccine for the current flu season of October - March.
    - must be reviewed prior to your arrival.
- UK St. Claire Credentialing Packet for Residents

You will be using your UK badge for your rotation, you will need to include the number under the barcode of your badge or the number starting with a + on the back of your wild card on the link

above. You can also include a screen shot and this is explained in the link. You will have door access through your UK badge while on rotation.

Scheduling will be 11 days on, 3 days off through the rotation month with alternating weekends off. Please let us know if you need a specific weekend off. Schedules are turned in on the 15th of each month.

## Orientation

There will be no in-person orientation, other than onboarding and credentialing which is all done online now. You will have access to EPIC, your Link Blue account will be your log in, you can call 606-783-6565 upon arrival to receive your temporary password. Schedules are put into Amion, your cell phone number will be used instead of pagers, and you will receive Doc Halo instructions to download on your phone for secured messaging. A tour will be given by the attendings on duty on the day you start your rotation which will be on 3North.

## Housing & Amenities

Housing will be located at 405 and 408 Cecil Drive, Morehead, KY 40351 at our new UK St. Claire Residency Campus. Males will stay in 405, females will stay in 408. A text will be sent before your arrival with the code to get in each house.

To access entrance into the hospital, just follow the sidewalk along the fence line, the first entrance takes you to the ED and/or the front of the hospital. The 2nd entrance takes you into radiology/ED and you can take that elevator to 3rd floor which will be 3N nurses' station, and the third entrance takes you to the back door where the main elevator is. You will go to 3rd Floor and turn left to go to 3N, to ask for your attending at the nurse's station.

Your housing unit will be cleaned once a week. We do ask that you clean up after yourselves, residents are responsible for keeping the dishes washed and keeping things tidy. Pets are not permitted in housing. If you have a maintenance issue, please do not hesitate to reach out to Sue Russell at 606-207-4847, phone call or text, doc halo or email Sue.russell@uky.edu. The units are fully furnished; you will only need your personal items.

There is also a physician lounge with snacks and beverages available on the 2nd floor.

## Local Favorites

- Root-A-Bakers - local favorite for breakfast, pastries, and coffee
- Tres Hermanos - popular Mexican restaurant
- Gas Station Hibachi - a Morehead rite of passage
- Fuzzy Duck - popular coffee shop/bookstore
- Sawstone Brewing Co. – downtown brewery with outdoor seating, trivia, food trucks and live music

## Outdoor Activities

- Cave Run Lake
- Twin Knobs Recreation Area
- Local hiking trails and overlooks
- Enjoy Eastern Kentucky during your time off